

# Lake-Lehman Jr/Sr Lunch Menu February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1/30/23</b>	<b>1/31/23</b>	<b>2/1/23</b>	<b>2/2/23</b>	<b>2/3/23</b>
Cheese Ravioli Served with a Garlic Breadstick  <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun <b>Featured Veggie:</b> Green Beans Choice of Fruit Choice of Milk	Taco Bar Choice of Protein: Choice of Flour or Corn Tortillas Served with Salsa, Sour Cream & Shredded Cheddar <b>J. Clarkes Grille</b> BBQ Rib Sandwich Chicken Patty on a Bun <b>Featured Veggie:</b> Mixed Veggies Choice of Fruit Choice of Milk	Mashed Potato Bar: Bacon & Cheddar BBQ Chicken Broccoli Cheddar <b>J. Clarkes Grille</b> Chicken Tenders Hot Dog on a Bun <b>Featured Veggie:</b> Mashed Potato Choice of Fruit Choice of Milk	Asian Sesame Chicken Over Rice  <b>J. Clarkes Grille</b> Chicken Patty on a Bun <b>Featured Veggie:</b> Steamed Broccoli Choice of Fruit Choice of Milk	BBQ or Buffalo Chicken Jacked Up Fries  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Fries Choice of Fruit Choice of Milk
<b>2/6/23</b>	<b>2/7/23</b>	<b>2/8/23</b>	<b>2/9/23</b>	<b>2/10/23</b>
Buffalo Chicken Hoagie on a Bun or Meatball Sub  <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> Roasted Broccoli Choice of Fruit Choice of Milk	Walking Tacos With choice of Protein Served with Salsa, Sour Cream & Shredded Cheddar  <b>J. Clarkes Grille</b> Chicken Tenders  <b>Featured Veggie:</b> Corn Choice of Fruit Choice of Milk	Scratch-Made Mac & Cheese Bar Regular or Buffalo Chicken <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Stewed Tomatoes Choice of Fruit Choice of Milk	Beef Chili Bowl with Brown Rice  <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun <b>Featured Veggie:</b> Glazed Carrots Choice of Fruit Choice of Milk	<b>Villa Toscana Pizza</b> Choice of Pizza  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Fries Choice of Fruit Choice of Milk
<b>2/13/23</b>	<b>2/14/23</b>	<b>2/15/23</b>	<b>2/16/23</b>	<b>2/17/23</b>
Chicken Parmesan Sandwich or Chili Dog  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Buffalo Roasted Cauliflower Choice of Fruit Choice of Milk	Nachos Grande Choice of Protein Served with Cheese Sauce, Salsa, Sour Cream & Shredded Cheddar <b>J. Clarkes Grille</b> Chicken Nuggets  <b>Featured Veggie:</b> Mixed Vegetables Choice of Fruit Choice of Milk	Pork BBQ Bowl and Corn Bread or Chicken Cheesesteak Hoagie <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun <b>Featured Veggie:</b> Mashed Potatoes Choice of Fruit Choice of Milk	Pierogis with Butter and Onion  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Peas Choice of Fruit Choice of Milk	<b>Half Day</b> Bacon, Egg and Cheese Sandwich or French Toast Sticks with Sausage Patty <b>J. Clarkes Grille</b> Hot Dog on a Bun <b>Featured Veggie:</b> Potato Triangles Choice of Fruit Choice of Milk
<b>2/20/23</b>	<b>2/21/23</b>	<b>2/22/23</b>	<b>2/23/23</b>	<b>2/24/23</b>
<b>No School</b>	Chicken Fajita Bowl Chicken, Peppers & Onions, over Brown Rice  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Corn Choice of Fruit Choice of Milk	Hot Ham & Cheese Croissant or Corn Dog Nuggets  <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun <b>Featured Veggie:</b> Ranchero Carrots Choice of Fruit Choice of Milk	BBQ Pork Rib Sandwich or Bruschetta Chicken Sandwich  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Ranch Roasted Cauliflower Choice of Fruit Choice of Milk	Steak and Cheese Jacked Up Fries  <b>J. Clarkes Grille</b> Chicken Tenders Cheeseburger <b>Featured Veggie:</b> Fries Choice of Fruit Choice of Milk
<b>2/27/23</b>	<b>2/28/23</b>	<b>3/1/23</b>	<b>3/2/23</b>	<b>3/3/23</b>
Fish Sticks or Chicken Tenders with a Dinner Roll  <b>J. Clarkes Grille</b> BBQ Rib Sandwich  <b>Featured Veggie:</b> Mashed Potatoes Choice of Fruit Choice of Milk	Taco Bar Choice of Protein: Choice of Flour or Corn Tortillas Served with Salsa, Sour Cream & Shredded Cheddar <b>J. Clarkes Grille</b> Buffalo Chicken Wrap BBQ Chicken Wrap <b>Featured Veggie:</b> Corn Choice of Fruit Choice of Milk	General Tso's Chicken over Brown Rice  <b>J. Clarkes Grille</b> Chicken Tenders Hot Dog on a Bun <b>Featured Veggie:</b> Steamed Broccoli Choice of Fruit Choice of Milk	Cowboy Burger with Onion Rings, Cheddar Cheese and BBQ Sauce  <b>J. Clarkes Grille</b> Chicken Patty on a Bun <b>Featured Veggie:</b> Au Gratin Potatoes Choice of Fruit Choice of Milk	<b>Villa Toscana Pizza</b> Choice of Pizza  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger <b>Featured Veggie:</b> Fries Choice of Fruit Choice of Milk

### USDA National School Lunch Requirements

Students are encouraged to take all 5 of the different components offered; however, it is required they take a minimum of 3 different components. One of those components must be a fruit and/or vegetable

Whether students take 3, 4 or 5 of the components, the meal will be the same price. This allows students to build a healthy meal by selecting 3 to 5 different food groups.



### Meal Prices

Student Price \$2.25  
Adult Price \$3.50

## VILLA TOSCANA

Pizza Options May Include:

- Plain
- Pepperoni
- Sausage
- Buffalo Chicken
- White
- Specialty

All options served with choice of fruit, vegetable and milk



A variety of grab & go sandwiches and salads made fresh daily.  
Low fat dressing available.  
Served with fruit & milk



Chicken Patty, Spicy Chicken Patty, Hamburger, Cheeseburger, Chicken Nuggets

**General Manager:**  
Sarah Walsh

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This institution is an equal opportunity provider

\*Menu subject to change due to vendor availability



www.schoolcafe.com

online account payments, transaction details,  
menus & free and reduced applications  
(applications may be filled)