

# Lake-Lehman Jr/Sr Lunch Menu November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>10/31/22</b> <b>Half Day</b> Ham, Egg & Cheese on a Croissant or Breakfast Boats <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> Tator Tots Choice of Fruit Choice of Milk	<b>11/1/22</b> Buffalo Chicken Dip with Tortilla Chips Served with Salsa & Sour Cream  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Corn Choice of Fruit Choice of Milk	<b>11/2/22</b> General Tso's Chicken Served with Brown Rice  <b>J. Clarkes Grille</b> Spicy Chicken Patty  <b>Featured Veggie:</b> Steamed Broccoli Choice of Fruit Choice of Milk	<b>11/3/22</b> BBQ Bacon Chicken Sandwich  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Pasta Salad Choice of Fruit Choice of Milk	<b>11/4/22</b> <b>Villa Toscana Pizza</b> Choice of Pizza  <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> French Fries Choice of Fruit Choice of Milk
<b>11/7/22</b> Popcorn Chicken Bowl  <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> Mashed Potatoes Choice of Fruit Choice of Milk	<b>11/8/22</b> Taco Bar Choice of Protein Choice of Flour or Corn Tortillas Served with Salsa, Sour Cream & Shredded Cheddar <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Ranchero Carrots Choice of Fruit Choice of Milk	<b>11/9/22</b> Stromboli with Ham, Pepperoni & Cheese  <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun  <b>Featured Veggie:</b> Green Beans Choice of Fruit Choice of Milk	<b>11/10/22</b> <b>Half Day</b> French Toast Casserole with a Sausage Patty  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Potato Triangles Choice of Fruit Choice of Milk	<b>11/11/22</b> <b>No School</b>
<b>11/14/22</b> Philly Cheesesteak Hoagie or Sausage & Peppers Hoagie <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> Buffalo Cauliflower Choice of Fruit Choice of Milk	<b>11/15/22</b> Nachos Grande Choice of Protein Served with Cheese Sauce, Salsa, Sour Cream & Shredded Cheddar <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Corn Choice of Fruit Choice of Milk	<b>11/16/22</b> Cowboy Burger with Onion Rings, Cheddar Cheese and BBQ Sauce  <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun  <b>Featured Veggie:</b> French Fries Choice of Fruit Choice of Milk	<b>11/17/22</b> Taco Mac & Cheese Choice of Protein  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Corn Choice of Fruit Choice of Milk	<b>11/18/22</b> BBQ Pork Jacked Up Fries  <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> French Fries Choice of Fruit Choice of Milk
<b>11/21/22</b> Asian Sesame Chicken Over Rice  <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> Steamed Broccoli Choice of Fruit Choice of Milk	<b>11/22/22</b> Thanksgiving Dinner Roasted Turkey with Gravy, Mashed Potatoes, Stuffing, a Dinner Roll and Cranberry Sauce <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Mashed Potatoes Choice of Fruit Choice of Milk	<b>11/23/22</b> <b>Half Day</b> Knight Griddle Pancake, Egg, Cheese, Sausage  <b>J. Clarkes Grille</b> Spicy Chicken Patty on a Bun  <b>Featured Veggie:</b> Potato Triangles Choice of Fruit Choice of Milk	<b>11/24/22</b> <b>No School</b>	<b>11/25/22</b> <b>No School</b>
<b>11/28/22</b> <b>No School</b>	<b>11/29/22</b> Chicken Tenders Served with a Dinner Roll  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Mashed Potatoes Choice of Fruit Choice of Milk	<b>11/30/22</b> Cheese Ravioli with Marinara Sauce and a Garlic Breadstick  <b>J. Clarkes Grille</b> Spicy Chicken Patty  <b>Featured Veggie:</b> Steamed Peas Choice of Fruit Choice of Milk	<b>12/1/22</b> Spicy Asian Noodle Bowl with Choice of Protein Served with Chow Mein Noodles  <b>J. Clarkes Grille</b> Hamburger or Cheeseburger  <b>Featured Veggie:</b> Steamed Broccoli Choice of Fruit Choice of Milk	<b>12/2/22</b> <b>Villa Toscana Pizza</b> Choice of Pizza  <b>J. Clarkes Grille</b> Chicken Patty on a Bun  <b>Featured Veggie:</b> French Fries Choice of Fruit Choice of Milk

### USDA National School Lunch Requirements

Students are encouraged to take all 5 of the different components offered; however, it is required they take a minimum of 3 different components. One of those components must be a fruit and/or vegetable

Whether students take 3, 4 or 5 of the components, the meal will be the same price. This allows students to build a healthy meal by selecting 3 to 5 different food groups.



### Meal Prices

Student Price \$2.25  
Adult Price \$3.50

## VILLA TOSCANA

Pizza Options May Include:

- Plain
- Pepperoni
- Sausage
- Buffalo Chicken
- White
- Specialty

All options served with choice of fruit, vegetable and milk



A variety of grab & go sandwiches and salads made fresh daily.  
Low fat dressing available.  
Served with fruit & milk



**Monday:** Chicken Patty

**Tuesday:** Hamburger or Cheeseburger

**Wednesday:** Spicy Chicken Patty

**Thursday:** Hamburger or Cheeseburger

**Friday:** Chicken Patty

**General Manager:**  
Sarah Walsh

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This institution is an equal opportunity provider

\*Menu subject to change due to vendor availability



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online account payments, transaction details,  
menus & free and reduced applications  
(applications may be filled)